



FILE of LIFE PROGRAM

A Personal Home Medical File Prepared for First Responders

BENEFITS TO FIRST RESPONDERS

- Faster access to critical medical information during an emergency.
- Instant knowledge of medical history, medications, and emergency contacts.
- Medically appropriate treatment begins immediately.

BENEFITS TO EMERGENCY ROOM STAFF

- Data is immediately available upon arrival.
- No time is wasted trying to get information from someone who may be incapacitated.

BENEFITS TO INDIVIDUALS

- Peace of mind knowing that they will get prompt, quality care.
- Easy access to potentially life-saving information.
- Assurance that proper notification of designated family members or close friends will occur quickly. Data is immediately available upon arrival.
- No time is wasted trying to get information from someone who may be incapacitated.

Instructions for Use of the FILE FOR LIFE

- Fill out the medical card and be sure information is accurate and legible.
- Use a pencil anywhere information may frequently change - like medications. This will allow for any updates you may need to make in the future.
- When completed, place the card in the pouch and affix to the outside of your refrigerator.
- Direct First Responders to the File of Life located on your refrigerator.
- Take the File of Life with you when you visit your doctor.

For more information, please call the Indian Harbour Beach Fire Department at 321-426-2187